

A workshop to support employers understand the Common Core Principles to support Self Care and feel confident to train their staff accordingly using Skills for Care support materials.

Thursday 8th September or Tuesday 13th September 2011

9.15am to 4.30pm at Bristol 600, Langhill Avenue, Knowle, Bristol BS4 1TN

£20 per delegate (no refund for cancellations)

Places are limited so book early

Book your place online by clicking [here](#) or telephone Philip at Care Learning on 0117 973 3695.

Further information on the Common core principles to support self care can be found at: <http://www.skillsforcare.org.uk/selfcare>